

Taken from the New Jersey Recreational Bathing Code for the purposes of New Jersey Certification

8:26-5.10 Bathing beach supervision

(a) A bathing beach shall be under the supervision of a designated adult supervisor. The name and telephone number of the designated adult supervisor shall be conspicuously posted. The hours of operation shall also be conspicuously posted.

(b) At least one person currently certified in standard first aid and professional level infant, child, and adult CPR by a Department of Health and Senior Services approved organization as listed in the Appendix shall be on the premises, available, and readily accessible when the bathing beach is in operation. If the trained and qualified personnel are not beach-side, then the facility shall conspicuously post a sign indicating the location and method of access of such personnel. The facility shall demonstrate to the health authority that said personnel are available, in reasonable proximity to the bathing beach. The qualified personnel shall be able to render assistance in a safe and timely manner.

1. CPR retraining shall only be required when an individual's current certification expires.

(c) At least one lifeguard for every 300 feet of visible shoreline shall be on duty at all times when the bathing beach is in operation. Additional lifeguards shall be required depending upon bather load, currents, tides, contour or slope of the beach, and any other condition(s) which may cause changes in water conditions. All on-duty lifeguards shall be identified by distinguishing apparel or emblems. Lifeguards who are assigned to supervision of the bathing beach shall not have duties that would distract or intrude upon their attention from proper observation of persons in the water and beach area, or that prevent immediate assistance to persons in distress in the water. Each lifeguard shall be equipped with a whistle or other signaling device.

1. A lifeguard training program certified by the United States Lifesaving Association shall be established by the owner or operator for ocean and

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tidal waters.

(d) Each bathing beach shall establish a written aquatics supervision plan. It shall be implemented and maintained by each facility on-site and shall contain information including, but not limited to:

1. A map of the bathing beach;
2. Bathing beach evacuation plans;
3. A schedule for the number of lifeguards to be on duty depending on conditions and activities;

4. Responsibilities of all lifeguards;
 5. A list of emergency telephone numbers;
 6. The location of first aid and rescue equipment; and
 7. Staff emergency procedures.
- (e) Lifeguard stations shall be located within 30 feet of the shoreline. Lifeguards shall be isolated from the beach crowds on elevated slats or stands. These slats or stands shall be high so as to give the lifeguards a complete and unobstructed view of the bathing area.
- (f) Swimming areas shall be maintained in a clean and safe condition, free from rocks, holes, and hidden dangers. Any known hazard in the vicinity shall be properly safeguarded and marked as such.
- (g) Each bathing beach shall be designated by buoys, flags, or other methods approved by the health authority.

8:26-5.11 Bather rules for bathing beaches

Bather rules and policies shall be provided as specified in the regulations governing swimming pools at N.J.A.C. 8:26-5.4(a)3, 4, 5, 6, 7, 9, 10 and 11 and 5.4(b).

8:26-5.12 Lifesaving equipment for bathing beaches

- (a) Lifesaving equipment shall be provided in case of an emergency. The equipment shall include, at a minimum:
1. One reach pole measuring at least 12 feet with blunt ends. The reach pole shall be provided at bathing beaches where docks or similar protruding structures are located in the bathing area.
 2. One ring buoy 18 inches in diameter attached to a 60 foot length 1/4 inch rope shall be provided at each lifeguard station. A rescue tube, torpedo buoy, or similar device with sufficient line attached may also be used;
 3. A 600 foot 1/4 inch poly rope with brass swivel snap hooks shall be provided at each lifeguard station at ocean bathing beaches;
 4. A paddle rescue device capable of supporting two adults;
 5. A first aid kit (see Appendix) approved by the Department of Health and Senior Services shall be available at all times during bathing periods and shall be fully restocked within 24 hours of use;
 6. A full spine board complete with ties, head restraints and/or straps that meets the design requirements of N.J.A.C. 8:40;
 7. Every bathing beach capable of accommodating 500 swimmers and bathers shall have an emergency care room; and
 8. A telephone or other means of

communication approved by the health authority shall be located near the lifeguard station for emergency use. Emergency numbers for the nearest rescue squad, physician, ambulance, police department hospital, clinic, or other appropriate entity shall be posted in a weatherresistant display adjacent to the telephone or communication device.

8:26-5.13 Diving stands and boards for bathing beaches

(a) Diving stands and boards for bathing beaches shall conform to the diving rules at N.J.A.C. 8:26-5.5 governing swimming pools.

(b) Fixed platforms for bathing beaches are permitted if they are constructed with a visible one foot air space below the platform. There shall be little underwater construction consistent with the strength requirements of the platform. All braces and struts shall be designed to prevent entanglement or trapping of the bathers.

1. Fixed platforms shall be permitted for bay or tidal waters provided there is a visible one foot air space below the platform at the flood high tide mark.
2. The minimum water depth surrounding a fixed platform or float without a diving board or similar device shall be eight feet for an outward distance of 12 feet from the platform.
3. Where a fixed platform or float has a diving board or other device three or more feet above the water, the water depth at the end of the board shall be at least 12 feet for a distance of 12 feet beyond the end of the board and in all cases the minimum depths shall extend nine feet to each side of the board or platform.

8:26-5.14 Waterfront restrictions for bathing beaches

Waterfront restrictions for bathing beaches shall be posted and shall include the following verbatim:

"No motorized vehicles, except emergency and maintenance vehicles, shall be permitted in the bathing area during its use."

"No boating, water skiing, sailboating, windsurfing, scuba diving, or surfboarding shall be permitted in the swimming and bathing area while in use."

"Rope drops shall not be permitted except those licensed and inspected by the Department of Community Affairs pursuant to N.J.S.A. 5:3-31 through 55."

APPENDIX

The following organizations are currently recognized by the Department of Health and Senior Services to certify the personnel and/or programs required pursuant to N.J.A.C. 8:25-5.

First Aid Certification

American Red Cross
National Safety Council

CPR Certification

American Heart Association
American Red Cross
National Safety Council

Lifeguarding Certification-Swimming Pools and Lake Bathing

American Red Cross
Boy Scouts of America
National Pool and Waterpark
Lifeguard Training
YMCA

Lifeguarding Certification-Ocean and Tidal Waters

United States Lifesaving Association

Pool Operators Certification

National Recreation and Park Association
National Swimming Pool Foundation
YMCA

First Aid Kit Contents

Product Description	items required	Quantity
Adhesive compress strips (band-aid type)	50
Sterile gauze dressings (sponge) (3 inches x 3 inches)	5
Sterile gauze dressings (sponge) (4 inches x 4 inches)	5
Sterile gauze roller bandage (3 inches wide)	5
Sterile eye dressing pads	5
Triangle bandages	4
Waterproof tape (1 inch x 5 yards)	1
Bandage scissors	1
Tweezers (4 1/2 inches)	1
Instant cold pack	1
Disposable latex, vinyl or nitrile gloves (pair)	5
Liquid hand soap	1
Antiseptic wipes (box)	1
Disposable protective face shield	5
Disposable protective gown	5
Pocket resuscitation mask	1
First aid guidebook	1